



SPPA CONFERENCE 2021

Social Distance & Togetherness: The Role of Social Pedagogy in Navigating Difficult Journeys

9th September 2021
9:30 - 15:30 h
Online

This year's topic: Social Distance & Togetherness

2020 has seen us all affected by social distance: physical, emotional, social and spiritual distance alike. This distance has been challenging, but has also birthed new ways for togetherness, and unearthed old senses of community. There have been collective and individual journeys, both trying and transformative, and the role of social pedagogy has never been more pertinent when geographical, demographic, socio-economic and political landscapes have become so evident in their force behind shaping these journeys.

SPPA has gathered a group of speakers from various disciplines and parts of the world to investigate social pedagogy's role in the global and local navigation of this challenge, and from there, to think about its role in all journeys, from the everyday to the life-long.

This conference offers an exclusive opportunity to take stock, to reflect on our shared and individual journeys, and to look at how we have come together through social pedagogy and what its role is in the future.

We welcome you in shaping this conference with us!

Best wishes,

The SPPA team



SPPA
Social Pedagogy
Professional Association

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	SPPA Conference 2021 Social Distance & Togetherness: The role of Social Pedagogy in Navigating Difficult Journeys		
9:00-9:15 9:15-9:30	  9:00 register & login +  9:15 Desk pilates – (Main room)		
9:30-9:45	 Welcome – (Main room)		
9:45-9:55	 Interactive activity (part 1) - Social distance & togetherness (Main room)		
10:00-10:30 10:35-10:50	 Keynote – (Main room) Lotte Harbo & Charlotte Løvstad (recorded session) + QA		
10:50-11:05	 Coffee break (Networking room)		
11:05-11:30	 Lightning talk + Q&A (Main room) June O’Sullivan & Mandy Cuttler (LEYF)		
11:30-12:15	WORKSHOP 1 <u>Can Zoom build togetherness?</u> Rob Hunter & Bharti Mistry	WORKSHOP 2 <u>Coming to save the day - the hero complex in professional relationships</u> Lowis Charfe & Cecile Remy	WORKSHOP 3 <u>Social borders & pedagogy of togetherness for early childhood during & after covid</u> Anna Aluffi Pentini & Fabio Olivieri
	Go to room 1 Technical support: Maggie Bagley	Go to room 2 Technical support: Simon Johr	Go to room 3 Technical support: Hannah Severn
12:15-12:30	 Lightning talk + Q&A (Main room) Share your journey with the International Journal of Social Pedagogy Gabriel Eichsteller		
12:30-1:20	 Lunch (Networking room)		
1:20-1:35	 SPPA Patron - <u>Professor Claire Cameron</u>		
1:35	 Group picture (Main room)		
1:35-2:00	 Vlog + Q&A (Main room) Kingston students, Yvalia Febrer, Marte Bergan & Kelly Gittens		
2.00-2.45	WORKSHOP 4 <u>Terminal Uniqueness – colours & carrots: bringing people together digitally...</u> Kate McCoy, Nou Ra & Ronan Bodley	WORKSHOP 5 <u>Social pedagogy and psychological safety with virtual teams</u> Cath Barton	WORKSHOP 6 <u>Navigating complexity with Human Learning Systems</u> Lowis Charfe & Gabriel Eichsteller
	Go to room 4 Technical support: Robyn Kemp	Go to room 5 Technical support: Simon Johr	Go to room 6 Technical support: Hannah Severn
2.50-3.20	 Social distance & togetherness - part 2 (Main room)		
3.20-3:30	  Close - (Main room)		





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9th September 2021
9:30 - 15:30 h
Online



Welcome!

Hi and welcome to the [Social Pedagogy Professional Association](#) annual conference! In this digital booklet you will find all the important information about this event.

Before the conference

There are two very important things to do before the conference:



1

[Register in advance for the conference.](#) We recommend that you register and login with enough time. You can login to the conference from 9:00 AM and make yourself familiar with zoom. As soon as you join the event, please rename yourself to display your name and occupation/organisation.



2

[Choose the workshops you would like to attend.](#) We will have 3 parallel workshops in the morning and 3 more in the afternoon, please choose only one morning workshop and one afternoon workshop so everyone can get a space.

During the conference

To get ready for the conference, we will warm up our body and mind with an energising desk Pilates session at 9:15, feel free to join, but equally if you prefer not too, you can switch off your camera. The conference will kickstart at 9:30 with a warm welcome from our trustees Robyn Kemp and Yvalia Ferber, who will guide us through the day.

During the different sessions you will have the chance to ask questions to the speakers via chat or by 'raising your hand'. Your questions will be collated by members of our staff using tools like Jamboard. Please read [Annex 1](#) to get familiar with all the technical aspects of the conference, such as how to log in, how to rename, ask questions, join a room, use the chat etc.

We have created a virtual networking room for you to socialize with likeminded people; we invite you to get your favourite drink and join this room during the coffee break and lunchtime. We also encourage you to share your comments and thoughts about the conference on social media; our hashtag for this event is [#SPPAconf2021](#)

If you have any questions or comments or if you require technical assistance before or during conference, you can [contact us](#) via email, WhatsApp or Zoom chat.

We really hope you enjoy the conference!



How to use this booklet

The menu below shows the main sections of this booklet, to view them simply click on the icon. To go back to the main menu, click the green arrow on the bottom left corner of the page. You can also use the navigation panel/bookmarks on your left-hand side to navigate the document or just scroll down.

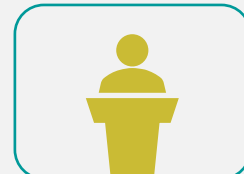
Menu



Agenda



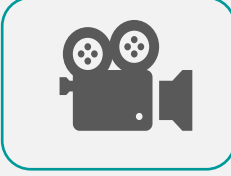
**SPPA Chair &
Patron**



**Keynote
speakers**



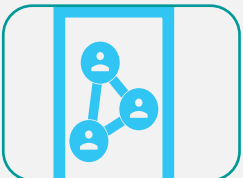
Workshops



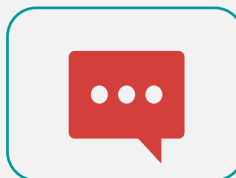
**Vlogs &
Lightning talks**



Speakers



Social media



Contact us



FAQs & tech. support



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SPPA Trustees & Patron

Claire Cameron, SPPA Patron



Claire Cameron is the UK's first Professor of Social Pedagogy, and is based at Thomas Coram Research Unit, UCL Social Research Institute, University College London. Claire began her career in residential care and, after qualifying as a social worker in 1987, in social work until 1992. Since then, she has been a researcher specialising in studies of the children's workforce, early childhood care and education, looked after children and young people, care leavers, and families in areas of social deprivation. She is particularly interested in the intersection of care and education and in the education of children in care and care leavers.

Much of her work is cross-national and has a long-standing interest in social pedagogy. She has been involved in studies of the potential for, and impact of, social pedagogy in the UK since 2000, and ran the Care Matters government funded pilot programme exploring social pedagogy in residential care (2008-2011). She developed and led the first UK MA Social Pedagogy and supervises PhD students in the field of social pedagogy. She co-edited (with Peter Moss) *Social Pedagogy and Working with Children and Young People: Where Care and Education Meet* (2011, JKP), one of the first English language volumes introducing social pedagogy. She was project manager of the Scaling up Social Pedagogy project behind SPPA (2016-2019) and is co-editor of the *International Journal of Social Pedagogy*.

SPPA Bord of Trustees

SPPA is officially registered as a Charity with the Charity Commission. SPPA Trustees have a crucial role to play in shaping the organisation on behalf of members. At the 2021 AGM we appointed 7 new Trustees. Currently, our Board of Trustees is made up of 14 amazing members who are passionate about social pedagogy and work hard on a voluntary basis to keep SPPA functioning: Robyn Kemp, Tanya Alder, Simon Johr, Hannah Severn, Bianka Lang, Elaine Hamilton, Yvalia Febrer, Cecile Remy, Colin Paterson, David Kingswood, Kelly Gittens, Maggie Bagley, Mairead Nevin and Norika Menendez.

Robyn Kemp, Chair of Trustees



Robyn has a Diploma in Social Work and an MA in social pedagogy from the Institute of Education at UCL. She has worked in social care since the 1980s, she has experience in a variety of management and senior managerial positions since qualifying as a social worker in 1995. Through an approach strongly influenced by social pedagogy Robyn provides ethically orientated advice, guidance, facilitation and support to organisations and individuals interested in developing their services, practice, and the experiences and outcomes of children in or on the edge of care.

Robyn has been the chair of Trustees for over two years, and she has done a remarkable job steering the direction of SPPA.



1. Can Zoom build togetherness?

[Rob Hunter](#) & [Bharti Mistry](#), *Leicester Ageing Together (UK)*

This session will explore how 'togetherness by Zoom' has created valued stimulus and connection in the older adults UK Asian community in Leicester during the city's lockdown.

When the first lockdown came, Bharti was faced with the implications for two particular community groups she had catalysed: a 70-strong wellbeing group and a smaller Happiness and Wellbeing workshop. She hardly knew Zoom and didn't consider herself technologically-minded but managed to get both of these groups on board for weekly virtual meetings. Much had to be done to build people's confidence – simply to log on, then for a few to help others to log on, and then to work out what worked in 'building learning communities' online in which the most marginal and newcomers felt welcome, connected and active participants.

In this workshop, Bharti will describe her efforts to build this togetherness on a scale which, across four weeks in February 2021, saw 4400 attendances at 120 hours of interactive health and wellbeing activities in 17 weekly groups or one-off events!

2. Coming to save the day: the hero complex in professional relationships

[Lowis Charfe](#) & [Cecile Remy](#), *UCLAN / UCL IoE*

The legal and statutory frameworks within which we work shape the relationships we have in very particular ways. The power dynamics contained within these, have a danger of systematically putting us in a 'victim-saviour' position that are hard to escape.

Covid has shaken our usual ways of working and using relational practice, much thought has been devoted to understanding this. The aim of this workshop is to assist participants to go beyond describing those challenges and changes, to critically analyse the structural and social aspects of relationships between social worker and child/young person/adult, teacher and student, provider and commissioner. The speakers hope to challenge participants to think of different and new ways that they can escape and resist these powerful structures.

3. Social borders and pedagogy of togetherness for early childhood and their families during and after covid

[Anna Aluffi Pentini](#) & [Fabio Olivieri](#), *University of Roma Tre (Italy)*

The new BA in Early Childhood Education of University of Roma Tre is reflecting about the competencies of professionals starting their job in the COVID era. The theoretical framework of placement during the training should be a starting point to analyse commonalities and specificity at regional level. During this workshop the facilitators will invite participants to briefly present ideas or good practices (in training or involving other participants using different media (speech, pictures, short film etc.) to explore distance and togetherness in early childhood spaces and institutions and to achieve a new understanding of professional competencies in "be there" for the children and for their families.

4. Terminal Uniqueness – Colours and Carrots. Bringing people together digitally (and occasionally live) to create in a pandemic

[Kate McCoy](#), [Nou Ra](#) & [Ronan Bodley](#), *small performance adventures*

[Small performance adventures](#) creates workshops, performances and events with people who have been affected by life, currently working with people in recovery. Their inclusive approach includes the use of social pedagogical principles and they have worked closely with Robyn Kemp on their last pre pandemic project 'The Washing Up' a performance with songs created by fifteen artists in recovery that toured nationally and explored the politics and practice of this everyday act.

Terminal Uniqueness is a term borrowed from US recovery circles and is sometimes called personal exceptionalism. In March 2020 Kate, Nou and Ronan were about to explore this term creatively in person and find out how they might improve their mental health collectively as a challenge to individualism.

During this workshop the facilitators will chart their journey of taking this work online and creating an international Facebook community of over 800 people who all completed simple video and photograph-based tasks in 2020 to build a connected community. The workshop will be experiential and will also take a glance at the project's development of artistic commissions for people in recovery in response to the group.

5. Social pedagogy and psychological safety with virtual teams

[Cath Barton](#), *Community Circles (UK)*

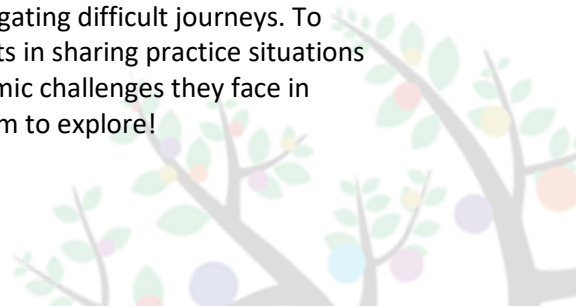
The aim of this workshop is to share learning and practical tools and examples that can support meaningful belonging and flourishing connections when face to face connections are not possible. The Covid 19 pandemic has rapidly shifted the way we live and work together, creating a liminal space of uncertainty and challenge but also of opportunities and possibilities to explore new ways of working and connecting. In times of crisis, the liminal space that is created can support the emergence of ideas and creativity and new opportunities for different ways of working.

6. Navigating complexity with human learning systems

[Gabriel Eichsteller](#) & [Lowis Charfe](#), *Thempra / ULCAN*

With its focus on rehumanising public service and meaningful responses to the complexities of human life, Human Learning Systems offers a radical alternative to New Public Management. In this workshop we will explore how HLS can benefit social pedagogical practice and support professionals in creating the systems conditions that create meaningful outcomes. The new e-book 'Human Learning Systems: Public Service for the Real World' details how a focus on relationships and being human, on emergent learning, and on creating healthier systems is transforming public services both at local and national level.

During this workshop the speakers will provide a brief overview of the HLS paradigm and examples from social care organisations that show how HLS can support us in navigating difficult journeys. To ensure that the workshop is interactive, they will also involve participants in sharing practice situations that reveal similar understandings as well as examine some of the systemic challenges they face in their day-to-day practice. How can HLS help break these down? Join them to explore!



Vlogs & Lightning talks

Social pedagogy in ECE: The LEYF approach

[June O'Sullivan](#) & [Mandy Cuttler](#), *London Early Years Foundation*

In this lightning talk June and Mandy will talk about the London Early Years Foundation ([LEYF](#)) social pedagogy approach as a suitable option for the delivery of high quality ECEC for settings from poor and disadvantaged families and communities. Currently, social pedagogy in the UK mostly relates to ways of working with foster children and in social work and hasn't been fully explored as a suitable option for ECEC in the UK. The adoption of social pedagogy affords recognition that early childhood education is a combination of social, pedagogical and political practices and the boundaries between these disciplines must be crossed to provide useful services to children and adults (Stephen, Ellis and Martlew 2009).

Share your journey with the International Journal of Social Pedagogy

[Gabriel Eichsteller](#), *Thempra /International Journal of Social Pedagogy*

The [International Journal of Social Pedagogy](#) offers an important forum to support the social pedagogy community and highlighting the role that social pedagogy can play in navigating difficult journeys. Through theoretical papers, research contributions and practice articles, open-access publications in IJSP benefit the ongoing development of social pedagogy in the UK and beyond.

In this Vlog, Gabriel aims to briefly outline the journal's aim and objectives and how they support authors from a variety of backgrounds to contribute to the journal. Gabriel will also invite SPPA delegates to consider submitting their own manuscripts. There will be time for Q&A during this session.

Students' perspectives on social pedagogy

[Yvalia Febrer](#), [Marte Bergan](#), [Kelly Gittens](#) & Kingston students, *Kingston University*

In this vlog, a group of students who have just completed the BA (Hons) Working with Children & Young People: Social Pedagogy programme at Kingston University engage in a reflective conversation with one of the senior lectures on the programme. The discussion explores what social pedagogy means to the participants, highlighting some of the approaches that resonated with them as well as exploring the transformative impact social pedagogy has had in their professional and personal lives. Inevitably, it is almost impossible to escape any reflective discussion without taking into account the current pandemic. So, with this in mind there is a brief segment of the Vlog that explores the role of social pedagogy as we transition into the new normal.

After the video Yvalia and Kelly will open up a Q&A session.

Keynote Speakers

Lotte Harbo and Charlotte Vange Løvstad are both associate professors at VIA university college Aarhus with Lotte specialising in social pedagogy and Charlotte in social work. In their keynote, they will discuss and explore how to handle the paradox that social distance and togetherness are both aspects of social pedagogical work.

In their keynote they examine this practice through the lens of a project they are researching that aims to support homeless people in their city and propose that while relationships are important, social pedagogical help should also be concerned with increasing people's possibilities to live the life that they choose, creating learning opportunities to support their chosen journey.

Lotte Harbo

VIA University College (Denmark)

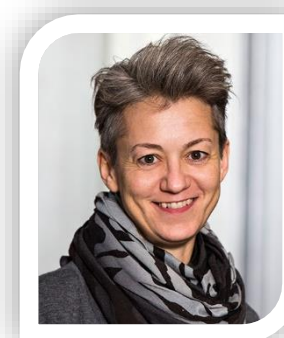
Lotte works as an assistant professor in continuing education and research, with a specific focus on social pedagogy at VIA University College in Aarhus. Lotte has a long relationship with the UK & Ireland having practiced and taught here periodically over a number of years. She focuses her research and lecturing on different aspects of social pedagogy and social work, including how the children, young people and adults that social pedagogy and social work is supposed to help, encounter and perceive that help. In that sense, and in a perspective inspired by the German sociologist Niklas Luhmann, she explores help and the borders of help.



Charlotte Løvstad

VIA University College (Denmark)

Charlotte has worked extensively with young people/adults in vulnerable/exposed positions. Listening to people who do not normally speak and supporting their opportunities to be heard and at the same time taking a critical look at the structures and institutional understandings that dominate the social field runs like a common thread through her social work, teacher and research practices. She is particularly strong in researching and working with citizen perspectives and innovative and experimental methods in both, social work and research contexts. She embraces complexity and chaos and has a good eye for individual and organizational challenges.



Speakers' biographies



Anna Aluffi Pentini

Ana is Professor at the University ROMA TRE, in Rome, and teaches Social and Intercultural Education, and Educational Counselling. She studied Pedagogy, German, French and Psychology in Rome. She obtained her doctoral degree with a dissertation on Intercultural Education between Theory and Practice. She managed practice social education projects, especially in Rome. Since 2017 she coordinates the study course for Early Childhood Education at the department of Education at the University of Roma Tre.



Bharti Mistry

Bharti initially worked in the private sector for 25 years ending up as a lead business analyst before deciding on a career change. Starting as a volunteer she worked with people with learning and physical disabilities and trained as a counsellor. With Leicester Aging Together she now works to Asset-Based Community Development principles as a Community Connector in the Belgrave area of Leicester predominantly with people from a South Asian background where she uses her bilingual ability. Bharti always aims to put building relationships at the heart of her work!



Cath Barton

Cath works with [Community Circles](#), a national charity helping people stay connected to the things that matter to them by developing a circle of support around an individual and connecting people through shared interests. Cath holds an MA in Social Pedagogy Leadership from the University of Central Lancashire (UCLAN). She has also recently written an [article](#) that was published in the International Journal of Social Pedagogy where she talks about social pedagogy and psychological safety with virtual teams.



Cecile Remy

Cecile is a social pedagogue working with young people in care, and as such she is always interested in the interaction between learning processes and social change. Cecile has experimented with forms of communal living -a very personal form of social pedagogy- and she is currently living in a housing co-operative in London. By living there, she is trying to create a different sense of community, to experience and work with the importance of group processes and to move away from individualistic thinking. This is carried forward in her PhD, where she explores the attitudes and beliefs professionals working in children's homes have of the young people they work with.



Fabio Olivieri



Fabio is a lecturer at the Roma Tre University. He graduated in Pedagogy and obtained his Doctorate in Theory and Educational Research with a thesis on professional recognition of social educators and the testing of a supervision model according to the method of appreciative orientation.

Currently his research and professional topics are educational counselling and parenting support. Fabio is also president of a Professional Association of Educators and Pedagogues.

Gabriel Eichsteller



Gabriel is the co-founder of ThemPra Social Pedagogy, a social (pedagogical) enterprise supporting the development of social pedagogy in the UK through short courses, capacity-building programmes and strategic development. He studied social pedagogy, social work and sociology of childhood in Germany, Denmark, and the UK. His practice experience is mainly in play work, youth work, children's participation and advocacy, as well as online learning, organisational development and group facilitation.

June O'Sullivan



June is Chief Executive of [LEYF](#) one of London's largest and most successful charitable social enterprises, operating nurseries in some of London's most disadvantaged areas. She created the UK's first ever Social Enterprise Childcare Group in 2006. June is an inspiring, outspoken speaker, author, podcaster and regular media commentator on all things *Early Years*, *Social Business* and *Child Poverty*, June is a tireless 'disruptor', seeking new ways to influence policy and make society a better place for all children and their families.

Kate McCoy



Kate is a participatory performance maker, trainer and facilitator who uses theatre to connect people and create playful safe spaces for exploration. She is the founder and artistic director of [small performance adventures](#), a company creating employment and development opportunities with and for people in recovery. Her latest show "The Washing Up" created with artists and participants in addiction recovery uses theatre, storytelling and songs to explore our common experiences through this everyday act.

Kelly Gittens



Kelly is a registered social worker with over 15 years of experience. He previously worked in the Caribbean, before working in the UK in Local Authority Child Protection Teams. He is a lecturer at Kingston University in the Department of Social Work and Social Care. Kelly specialises in working with men and is a [Caring Dads™](#) facilitator. He holds a diploma in Social Pedagogy and is a fellow of the Higher Education Academy, a member of the Frontline Fellowship and he joined the SPPA Board of Trustees in June 2021.

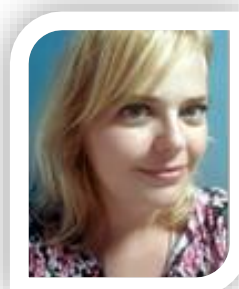


Lowis Charfe



Lowis is a Senior Lecturer at the University of Central Lancashire and joint Course Lead for the MA in Social Pedagogy Leadership. She has run various training sessions around social pedagogy for several Local Authority teams and third sector organisations. She is also the lead for the UK partner team in the Erasmus funded Massive Open On-Line Course (MOOC) project, Social Pedagogy in Europe. Headed by ThemPra, the MOOC project has developed a short on-line course looking at the role of social pedagogy across Europe.

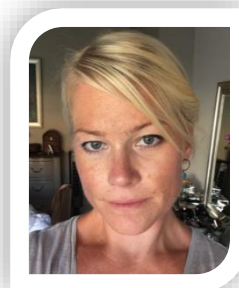
Mandy Cuttler



Mandy has worked in early years education for 15 years in a variety of roles including outdoor education settings, Montessori schools and community nurseries. She holds a MA in Early Years Education and is currently completing a Post Graduate Certificate in Higher Education.

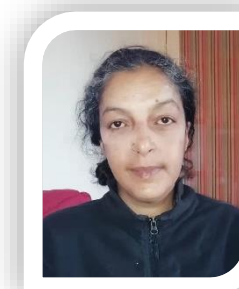
Mandy joined LEYF five years ago and has worked as a Nursery Teacher, Deputy Manager and Nursery Manager. In her current role as Head of Pedagogy, Mandy leads on the high-quality delivery of the unique LEYF Pedagogy across the group of London based nurseries. Mandy is passionate about the importance of high quality Continuous Professional Development as a driver of outstanding early years education.

Marte Bergan



Marte recently joined Kingston University as a lecturer on the *BA (Hons) Working with Children and Young People: Social Pedagogy* programme. She is also currently a DPhil (PhD) student at University of Oxford, Department of Sociology. The title of her thesis is '*The gendered journey of parenthood. A comparative study of how couples in Norway and Britain organise their family and working lives in the transition to parenthood*'. Before coming to Kingston University, Marte worked in Dubai and in London for Standard Chartered Bank, Human Resources Department. Moreover, she has been involved in several projects with Achieving for Children, Domestic Violence Unit.

Nou Ra



Nou wrote the original music and songs for [small performance adventures](#)'s The Washing Up, touring England in 2019, and was Musical Director and a performer in the show. She has continued to be involved in spa's Terminal Uniqueness project during the pandemic as a commissioned artist. An experienced composer, Nou has written songs for Spike Lee and opened for Kate Tempest. She was a founder member of Black Lily, which was created to give a platform to women's artistic voices. She has worked with Brighton's People's Theatre and Nabokov for Brighton Festival in 2018. She wrote 'The elephant in the room' a play about recovery which premiered in national

recovery month, 2016 and was reprised in 2017 as part of Brighton Fringe (**** Fringe Guru) Nou Ra is a playwright, songwriter, singer, actor, performer and director.





Ronan Bodley

Ronan is a published poet, performer, musician, singer/songwriter and actor. With [Small performance adventures](#) he was a writer and performer for The Washing Up, touring England in 2019. He continues to be involved as an artist and facilitator and during the pandemic took a leading role in the Terminal Uniqueness Project creating artistic videos, mentoring and collaborating with other artists. He runs poetry/song open mic nights for those in recovery. Has worked with Nabokov theatre company's Army of Storytellers for the Brighton festival and at Brighton Dome as a performance poet.



Rob Hunter

Rob is a former local authority Community Education adviser and trainer/consultant who has worked with the concept of social pedagogy in youth work, work with looked after children, and community music settings. Now retired, he is Chair of Leicester Ageing Together, a 16-organisations partnership addressing loneliness and social isolation among the 50+ age group in 5 wards of Leicester over 4 years funded by the Big Lottery. He has long been interested in the potential contribution of Social Pedagogy principles and practice to work with older people in a variety of settings.



Yvalia Febrer

Yvalia is a registered Social Worker who previously worked in child protection and education welfare in boroughs across East and Southwest London. She was the founding Programme Director of the Frontline Social Work programme and now leads the BA (Hons) Working with Children & Young People: Social Pedagogy degree at Kingston University.

Yvalia specialises in trauma and attachment and is a qualified Practice Educator and Senior Fellow of the Higher Education Authority. She has written for the Guardian Social Care, Community Care, and Jessica Kingsley Publishers, and is an Associate of the Attachment and Relationship Based Practice programme, directed by Professor David Shemmings OBE. Yvalia is also a Trustee for SPPA since 2019.

Social Media

#sppaconf2021



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Contact us

If you need further assistance, please contact us
via WhatsApp or email



info@sppa-uk.org



Follow this link to join the SPPA conference
2021 WhatsApp group:

<https://chat.whatsapp.com/GAbTlxddmbL0trQl5nZzEU>



THANK YOU!

WE HOPE TO SEE YOU NEXT YEAR!



SPPA
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We are the professional home for Social Pedagogy in the UK

www.sppa-uk.org

Our organisational members:



www.sppa-uk.org

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Annex 1. Technical information & FAQ

1. Where do I find the zoom link to join the conference?

You need to register via zoom here's the link:

<https://us02web.zoom.us/meeting/register/tZllcuqqrTotGtEzL73iSo5awppToAqJOr5r>

2. What time should I login?

Please try to log in at least 10 minutes before the event starts and wait for the host to let you in.

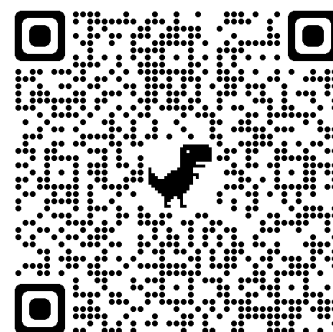
From 9:15 to 9:30 we have a desk Pilates session, and everyone is very welcome to join! But equally if you prefer not to, just turn your camera off.

3. I'm going to be a bit late

You can still join the conference. Just please have a look at the agenda to see in which room we are when you join, as we might be in breakout rooms rather than in the main session. You can join any room at anytime, do make sure you're muted to avoid disruption.

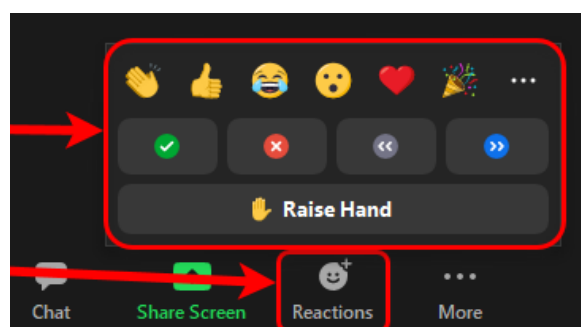
4. Where can I view the agenda?

You can view and download the [agenda and session's abstracts here](#) or scan the dinosaur QR →



5. Basic zoom controls

- to mute or unmute click the microphone icon (1)
- to turn your video on and off click the video icon (2)
- write a message on the chat (6)
- to raise your hand click the Reactions button (8) and then choose the raise hand option

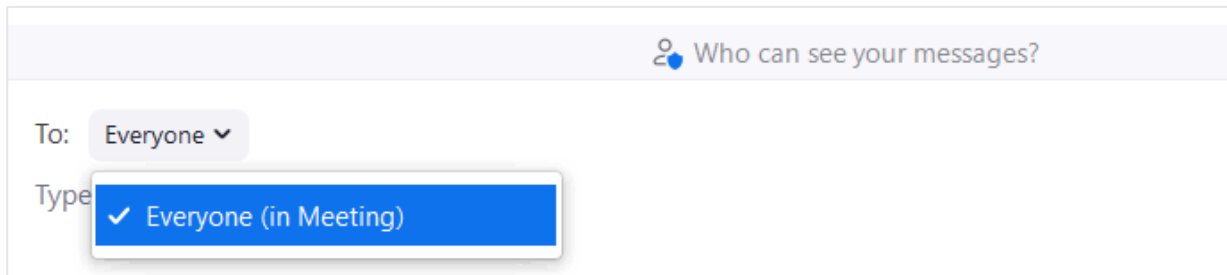


1 2 3 4 5 6 7 8 9



6. Using the Zoom chat

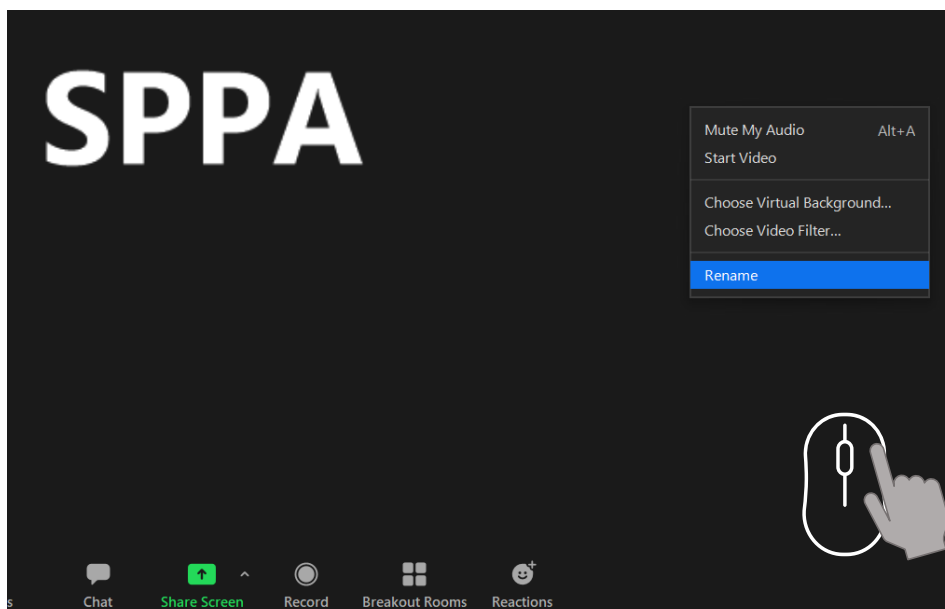
You can send messages to everyone in the meeting and you can also send private messages to specific people.



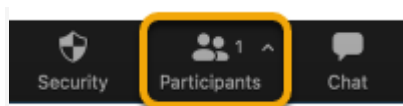
7. How do I change my name on zoom (rename)?

You have two options:

- a) Right click your Zoom screen and choose Rename, then just type you name.



- b) Click the "Participants" icon in the Zoom toolbar

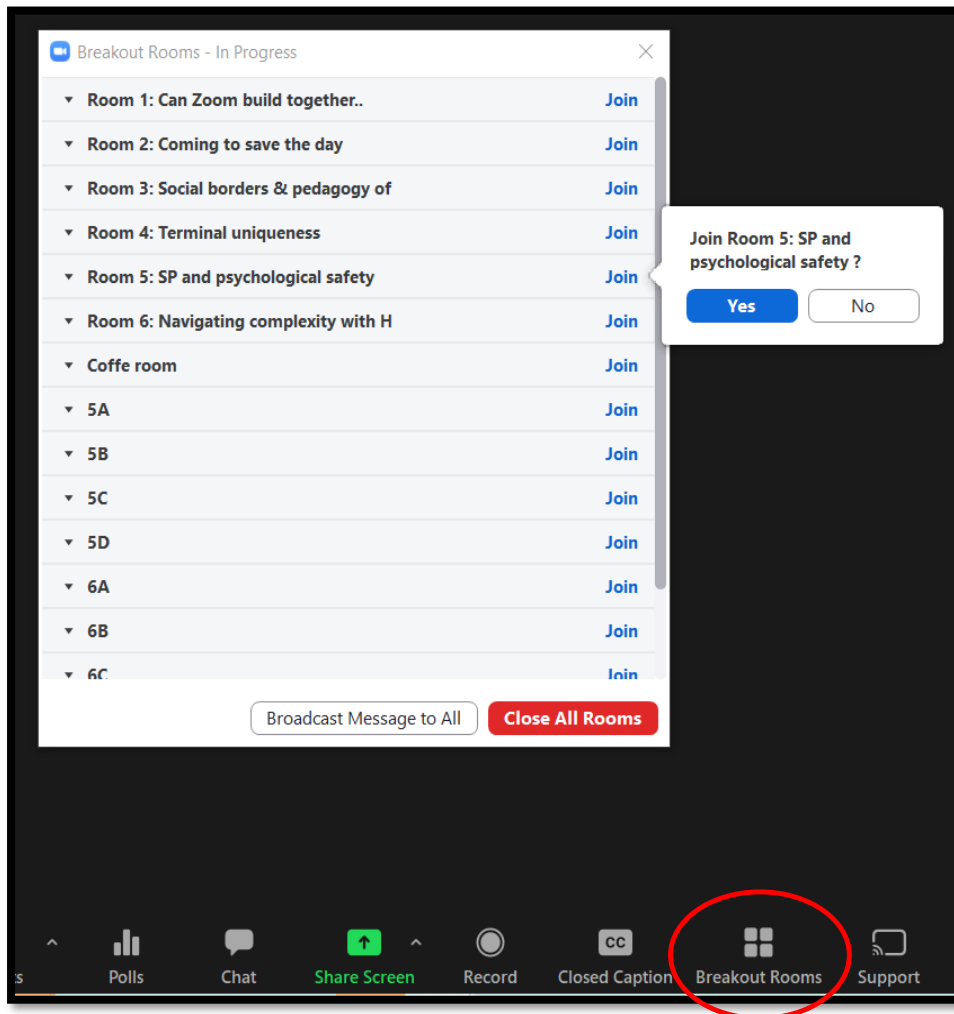


In the Participants window, next to your name click "More" and choose "Rename"



8. How do I view and join breakout rooms?

Click the breakout rooms icon; you'll see a list with all the available rooms, simply click Join



9. Can I join different workshops?

You can attend one workshop in the morning and one in the afternoon.

10. I don't remember which workshop I registered for

Please email info@sppa-uk.org, we will check and let you know. During the conference: we have a assigned technical assitants for each workshop, they have a list with the names of the people who signed up for the workshop and can help you check, feel free to contact them via Zoom chat.

11. I don't want to join any breakout rooms

That's fine, you can go to the networking room, stay in the main room or come back later.

12. I accidentally logged out, can I rejoin?

Of course, re-join the meeting using the link and password you received via email and wait for the host to let you in. If you were in a breakout room you can still join by clicking the breakoutrooms button and then Join the room you want. If you need assistance please send a message via zoom chat or whatsapp.



13. I need to leave the conference earlier, will there be a recording available?

A recording will be available for those who booked tickets for the conference. Only the sessions taking place in the main room will be recorded, such as keynotes, lightning talks and vlogs. The activities taking place in small breakout rooms won't be recorded.

14. How can I get a certificate of attendance?

Please email us at info@sppa-uk.org with your full name

15. I want to get in touch with the speakers

Please email us at info@sppa-uk.org and we will pass your contact details to them

16. I want to give some feedback about the conference

Please email us at info@sppa-uk.org

